



NEXT MEETING:

- *Thursday*
- *January 1, 2004*
- *7:30 p.m.*
- *Jillian's Restaurant*
- *Rte 151*

*North
Falmouth, MA*

Contact Us?

✉ By Mail:

Upper Cape Ski & Sports Club
P.O. Box 2123
Teaticket, MA 02536

☎ By Phone:

Diane Payson, Treasurer
508-548-0071

🌐 By Web:

www.uppercapeskiclub.com

President:

Karen Foster

President@uppercapeskiclub.com

Vice President:

Tom Peterson

VicePresident@uppercapeskiclub.com

Treasurer:

Diane Payson

Treasurer@uppercapeskiclub.com

Secretary:

Camile Morgan

Secretary@uppercapeskiclub.com

Membership:

Dave Dimestico

Membership@uppercapeskiclub.com

Ha

Dear Members,


I don't know about you but I
a great start with a pre- Chris
The weekend before we arrive
If that is any indication of the
great one.


A new item for the club this
Eastern Inter-Club Ski League
have lodges and we are welco
are by reservation but the pric
All of you will receive EICSL
because we will mass mail the
major events planned so there

While we are on the subject
this is the most efficient way
emails reminding members of

And as long as I am remindin
Sugarloaf trip sells out every
Doug Baker does a fantastic j
tain. For \$330 you get a great
you in his own words which c



Sunday Monday Tuesday JANUARY Thursday Friday Saturday						
				7:30 pm General Meeting <div>1</div>	<div>2</div>	<div>3</div>
<div>4</div>	<div>5</div>	<div>6</div>	5:00 am Stratton, VT <div>7</div>	<div>8</div>	Drive Sugarbush, VT <div>9</div>	Drive Sugarbush, VT <div>10</div>
Drive Sugarbush, VT <div>11</div>	<div>12</div>	<div>13</div>	5:00 am Attitash, NH <div>14</div>	<div>15</div>	<div>16</div>	<div>17</div>
<div>18</div>	<div>19</div>	<div>20</div>	5:00 am Mt. Snow, VT <div>21</div>	<div>22</div>	<div>23</div>	<div>24</div>
Drive Sugarloaf, ME <div>25</div>	Drive Sugarloaf, ME <div>26</div>	Drive Sugarloaf, ME <div>27</div>	Drive Sugarloaf, ME <div>28</div>	Drive Sugarloaf, ME <div>29</div>	Drive Sugarloaf, ME <div>30</div>	<div>31</div>
Sunday Monday Tuesday FEBRUARY Thursday Friday Saturday						

1	2	3	4	7:30 pm General Meeting	6	7
8 4:30 am Stowe, VT	9	10	11 5:00 am Waterville Valley	12	13	14  Park City, UT
15 Park City, UT	16 Park City, UT	17 Park City, UT	18 Park City, UT	19 Park City, UT	20 Park City, UT	21 Park City, UT
22	23	24	25 5:00 am Okemo, VT	26	27	28
29 4:30 am Sunday River						

~ Deposit/Refund policy ~

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.



Day/Week	Date	Place	Rte 3 Pickup	X Country	Cost	Trip Leader	Bus Departs
Fri-Sun	Dec 12-14,03	Sunday River, Me			\$175	Michael Finegold	5:00 AM
Sunday	Dec 28	Okemo, VT		X	\$65	Karen Foster	5:00 AM
Wednesday	Jan 7, 2004	Stratton, VT			\$65	Dave Dimestico	5:00 AM
Fri-Sun	Jan 9-11	Sugarbush, VT CANCELLED			\$275	Brenda Purdy	Drive yourself
Wednesday	Jan 14	Attitash/Bear Peak, NH	Q	X	\$60	Dave Dimestico	5:00 AM
Wednesday	Jan 21	Mt. Snow, VT		X	\$60	Tom Burt	5:00 AM
Sun-Friday	Jan 25-30	Sugarloaf, ME		X	\$ 330	Doug Baker	Drive yourself
Sunday	Feb 8	Stowe, VT			\$65	Brenda Purdy	4:30 AM
Wednesday	Feb 11	Waterville Valley, NH	Q	X	\$60	Brenda Purdy	5:00 AM
Sun-Sun	Feb 14-21	Park City, Utah		X	\$1269	Jack Reardon	Fly
Wednesday	Feb 25	Okemo, VT		X	\$65	Tom Burt	
Sunday	Feb 29	Sunday River, ME	Q		\$65	Brenda Purdy	4:30 AM
Tuesday	Mar 2	Cannon, NH	Q		\$65	Carey Murphy	5:00 AM
Wednesday	Mar 5-14	Jackson Hole, WY			\$1369	Michael Finegold	Fly
Wednesday	Mar 10	Wildcat, NH	Q	X	\$60	Sharon Grace	5:00 AM
Wed-Thur	Mar 17-18	Bretton Woods, NH	Q	X	TBA	Dave Dimestico	Drive yourself
Friday	Mar 19	Mad River Glen		X		Sharon Grace	5:00 AM
Thurs-Sun	Apr 1-Apr 4	Jay Peak, VT		X	\$225	Diane Payson	Drive yourself

TO SIGN UP FOR A TRIP

DAY TRIPS-Schedule and prices may be subject to change at any time. Always check with your Trip Leader for last minute changes, cancellations and to confirm bus departure. Non-member surcharge is \$20 in addition to the regular price. The bus leaves from the Grand Union (formerly A&P) on MacArthur's Boulevard, Bourne. Plenty of parking is available for the day, allowed by the Grand Union. Mail your check to the trip leader.

WEEKEND & WEEK-LONG TRIPS-Only fully paid members are allowed to participate. Make sure to sign up for membership before sending your ski trip reservations. All prices are per person (adult) and are subject to change (check with your trip leader). Single-room occupants are subject to an applicable surcharge. Contact your trip leader for surcharge information. Refunds are subject to our deposit policy.

Q **Rte. 3 Pick Up** (Exit 10 off Rte 3 in Duxbury) **providing you give notice to trip leader**

Karen Foster Brenda Purdy Carey Murphy
81 Goeletta Dr. P.O. Box 3419 120 Ostrom Rd.
E. Falmouth, MA 02536 Waquoit, MA 02536-3419 Waquoit, MA 02536
508-564-4818 508-540-4268 508-495-6442

Diane Payson Jack Reardon Michael Finegold
88 Palmer Ave. 42 N. Bourne's Pond Rd. 88 Palmer Ave.
Falmouth, MA 02540 E. Falmouth, MA 02536 Falmouth, MA 02540
508-548-0071 508-548-6486 508-548-0071

Doug Baker Dave Dimestico Tom Burt
P.O. Box 3447 18 Raffi Ave. 46 Thom Ave.
Pocasset, MA 02559 E. Falmouth, MA 02536 Bourne, MA 02532
508-563-9273 508-540-7656 508-759-8364

NEXT GENERAL MEETING - Thursday, January 1, 2004

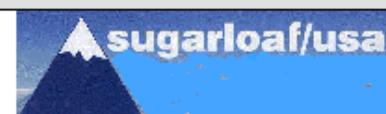


THE AVALANCHE

Sugarloaf/USA

January 25-30, 2004

4 rooms left !!



There are only a few spots left – this trip is sold out every year – don't be left behind!!!

This is the club's most popular trip and with good reason. Your trip includes:

- ▲ 5 nights mountain-side condo lodging
- ▲ 5 1/2 days of lift tickets (get there early on Sunday!)
- ▲ Daily Perfect-Turn Clinic ski lessons
- ▲ Use of the Sports & Fitness Club (with 2 outside jacuzzis!)
- ▲ Monday night welcome party – and more!!

\$330 per person – Drive yourself.

For more information call:
Doug Baker and Dona Marcham
508-563-9273

The Loaf has made improvements this year with 2 new glades, new snowmaking and grooming equipment and a new 20 passenger snow cat.

There's plenty of **White White World Week** après ski activities including the Monday night welcome party, Big Air Dummy Competition, Indoor/Outdoor Waiter/Waitress Race, Blue Brother's Theme Night at The Bag, and the Jimmy Buffett Island Party at Gepetto's.

Besides the restaurants, shops, pubs and microbreweries, there's the **Sugarloaf Outdoor Center** which boasts the largest Nordic Touring Center in Maine, 62 miles of trails along with 10 miles of backcountry snowshoe terrain and ice skating on the outdoor rink. They have equipment for rent or sale. Your Alpine Lift Ticket is interchangeable for Nordic skiing, snowshoeing or ice skating prior to 4:30 p.m. daily. Evening activities at the Outdoor Center include sledding, moonlight ski/snowshoe tours and spaghetti family dinners.

Turbo Tubing is offered Wednesday through Saturday evenings at \$12 per person and is limited to 150 people per session.

There are **Perfect Kids Programs** for skiing and snowboarding. Sugarloaf offers scheduled evening activities Tuesday, Wednesday, Thursday and Saturday from 6-9 p.m. Activities include movies, games, sledding, etc.

The **Anti-Gravity Center** is now offering open hours to Sugarloaf guests for an additional fee. This center offers a climbing wall, indoor basketball, indoor skate park, weight machines, trampolines, and instructors.

So you can see why this is such a popular trip!



The BALSAMS
Grand Resort Hotel

THE BALSAMS

This grand resort destination is a must!

Every year Red & Sherrie Blanchard plan this trip in March for a superb four-day escape into a world of luxury. Daytime offers alpine skiing, snowboard parks, 95 km cross-country trail system, 30 km of snowshoe trails, ice skating, and a full-service base lodge and games. Nighttime offers a superb meal in the main dining room by a team of waiters.

March 11-14, 2004
Call Red 508-540-0811

CLASSIFIEDS

Ads are free to all Club Members

Christmas Mountain Condo for rent in Glen, NH
2 Bedroom, 2 Bath, w/loft (sleeps 8)
Beautiful views of Mt. Washington.
Wildcat, Attitash, Cranmore are all close by.
\$150 per night plus cleaning fee.
Call Scott or Wendy @ 508-457-9499

Sunday River 1-bedroom Condo for rent
Ski in, ski out—Sleeps 4—Hot tub & heated outdoor pool
Available holidays & weekends.
Call Michael Finegold @ 508-548-0071

Looking for childrens boots & skis.
Call Diane Payson @ 508-548-0071

If you would like to place an ad,
email it to mfskier@uppercapeskiclub.com.

THE AVALANCHE

January Meeting -- Fun Stuff

Guest Speaker

Our guest speaker this month is club member Fred Thwaites. Fred has extensive experience skiing big mountains in Europe, the US, and Canada. He skis alpine as well as cross country and telemark styles. Come and listen to Fred talk about the various techniques and his experience in the back country.



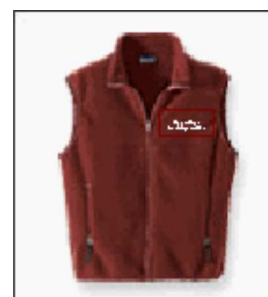
Ski Buddies

For some time now we've been trying to think of a way that our members can identify each other while on the slopes. We've talked about arm bands, things that tie around poles, even clothing with our insignia on it. Well, we think we have a solution. It's a sticker. Yes, a sticker. With more and more people sporting helmets (a very good thing) what better place to identify that you're a proud member of the Upper Cape Ski & Sports Club.



Vests

Once again we'll be offering vests with our name printed on them. Red Blanchard, from Village Ski and Sports Shop, has gracefully re-offered his connections to the vest manufacturer so that we can be warm all winter long.



EICSL

Membership cards will be mailed out next week for EICSL. Stay tuned to your emails—EICSL will send the latest information to you via your email.





PARK CITY, Utah

February 14-21, 2004

Here is your opportunity to ski the same slopes the 2002 Olympians did. There's plenty of skiing for all levels of ability. You will be able to ski three different areas: Park City, Deer Valley, and the Canyons. You can even squeeze in a day at Alta, Snowbird, or Solitude on your day off.



The trip includes:

- * Round trip air, Boston to Salt Lake City
- * Airport/hotel transfers via motor coach
- * Seven nights accommodations at the Three Kings Condos
- * Three (3) out of seven days Park City ski pass
- * One (1) out of seven days Deer Valley ski pass
- * One (1) out of seven days Canyons pass
- * All taxes

The price:

- * \$1169.00 p/p - 6 persons; 3 bedrooms, 2 and 1/2 baths
- * \$1269.00 p/p - 4 persons; 2 bedrooms, 2 baths

For further information, please contact
Jack Reardon @ 508-548-6486
 or by email at Brencape@aol.com

Jackson Hole, Wyoming

March 5 -14, 2004 - Ten fabulous days!

2 rooms left

Lodging: The Snow King Resort Hotel offers a pool, Sauna, Jacuzzi, restaurant, and its own ski mountain—perfect for beginners or intermediates.

What is included ?

- ◆ Round trip air, Boston to Jackson Hole
- ◆ Airport/hotel transfers via motor coach
- ◆ 9 nights of lodging
- ◆ 4-out-of-6 day lift ticket at Jackson Hole
- ◆ 1 lift ticket to Grand Targhee
- ◆ 1 night-skiing pass to the Snow King Mountain

Price is \$1,369 per person.

A \$300 per person deposit is due immediately.
 Second payment of \$600 is due on October 1st, 2003.
 Final payment of \$469 is due on December 1st, 2003.

Meals are not included. There are numerous options for dining in town, only a few blocks away. Breakfast is available at the Snow King and costs \$10 per person.

For more info call **Michael Finegold 508-548-0071** or via email at mfskier@uppercapecskiclub.com
 Side trips to Yellowstone and Grand Teton National Parks available at an additional charge.



Bretton Woods, NH

March 17-18, 2004

A grand masterpiece of Spanish Renaissance architecture, The Mount Washington Hotel was a two-year labor of love for 250 master craftsmen.



Bretton Woods is New England's fastest growing ski resort. Once recognized as a strong novice area, Bretton Woods has since doubled in size to include more wide open cruising terrain and an abundance of black diamond glades, including 17 new trails and glades for the 2003/04 season. With the addition of a fourth high speed quad lift this season, the most of any resort in NH, skiers and riders will enjoy more time on the slopes.

The trip includes:

- ↑ 2 nights lodging at the Mt. Washington Hotel
- ↑ 2 days of lift tickets

\$?? per person — Drive yourself.

For more information call:

Dave Dimestico
508-540-7656

THE AVALANCHE

Trip Application for 2003-2004 Season

Name: _____ Roommate: _____

MAILING Address: _____

City & State: _____ Zip: _____

Phone (Home): _____ (Work): _____

Email address: _____

Trip desired _____ Date: _____

Downhill ☐ Cross Country ☐ Snowboard ☐

YOU MUST FILL IN ALL BLANKS. I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.

Signed _____ Date _____

LIABILITY POLICY: Participants acknowledge that there are inherent risks in skiing, whitewater rafting, and other sports, and agree to hold harmless the Upper Cape Ski & Sport Club, it's officers, directors, and agents, from any claims whatsoever resulting from participation in any club related activity. The Upper Cape Ski & Sport Club acts solely as agent carrying out services and assumes no responsibility for injury, loss, or damage to persons or property, not for faults or defaults of companies or those carrying out services; nor accident, injuries, delays, cancellations, changes due to weather, baggage, lodging, insufficient participation, or reasons beyond the control of the Upper Cape Ski & Sport Club.

Make all checks payable to: **Upper Cape Ski & Sport Club**

Mail directly to the trip leader. **Do not send cash !!!!** Amount enclosed \$ _____

All deposits are subject to our deposit policy which is published in our newsletter and on our website.

Membership Application for 2003-2004 Season

Name: _____ Age: _____

MAILING Address: _____

City & State: _____ Zip: _____

Phone (Home): _____ (Work): _____

Email address: _____

Annual Dues - \$40
October 1, 2003 thru Sept. 30, 2004

Downhill ☐ Snowboard ☐

Cross-Country ☐

I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.

Signed _____ Date _____

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Annual dues are \$40. Minimum age for membership is 21 years of age.

Make all checks payable to **Upper Cape Ski & Sport Club**

Mail to: UCS&SC-Membership, Box 2123, Teaticket, MA 02536

Next General Meeting

Arrive early and have a great dinner at:

JILLIAN'S
Corner of Rte 151 & 28A
North Falmouth, MA

Thursday
January 1, 2004



Itinerary:

- Sugarloaf, ME sign up
- Park City, UT sign up
- Jackson Hole, WY sign up
- Guest Speaker-Fred Thwaites

**The Upper Cape Ski & Sports Club
PO Box 2123
Teaticket, Ma 02536**

FIRST CLASS MAIL



There's no news like snow news!